

BASES – Baseball All-Skills Camp

CAMP CONTENT:

- Stretching & Warm-Up
- Hitting
- Pitching/Throwing
- Catcher Mechanics/Catching
- Fielding Ground Balls
- Tracking Fly Balls & Pop Ups
- Skills Competitions

NOTES:

- 1) All campers should arrive at least 5 minutes prior to the scheduled start of camp.
- 2) Full payment for camp must be made prior to the first session of camp. Normally full payment is requested at time of registration. Some exceptions will be made at the discretion of BASES management.
- 3) Players should bring all of their regular equipment. Bats, Helmets, Fielder's Glove, Batting Gloves (optional). Catcher's should bring catcher's gear in order to participate in catcher instruction.