

BASES – Catcher's Camp

CAMP CONTENT:

- Catching Overview (Framing, Blocking, Throwing, etc.)
- Proper Equipment Fit
- Stance and Positioning
- Receiving and Framing
- Blocking
- Throwing to bases
- Plays at the plate
- Calling pitches (age appropriate instruction)
- Setting your defense (age appropriate instruction)
- Drills (framing, blocking, pop time)

NOTES:

1. All campers may be dropped off at BASES as early as 12:45PM. Players arriving prior to 12:45PM MUST be supervised while camp staff prepares for the day's instruction.
2. Campers may bring drinks/snacks with them. Drinks/snacks will also be available for sale in the BASES Pro Shop. Drinks are generally \$1-\$1.25 each and snacks are generally \$0.75-\$1 each
3. All campers MUST be picked up at 3PM. After-care IS NOT OFFERED for this camp.
4. Campers attending both the Hitting Camp and Catcher's Camp should bring their lunch and drinks with them. Those campers will eat their lunch at the end of Hitting Camp. Supervision will be provided during the lunch period for those campers attending BOTH camps.