

# ***BASES Training Facility***

## ***Coach's Expectations***

***(Revision 3: updated 8/2/2018)***

Each coach who brings his/her team to practice at BASES is responsible for his/her own conduct and the conduct of his/her athletes. It is our policy to treat each individual who walks through our doors with the utmost level of respect. It is our expectation and should be your commitment, as coach and mentor, that each athlete also be treated with that same respect and dignity. All coaches are expected to conduct themselves in a professional manner at all times. The process of teaching youth athletes is a process that often tests the patience of the trainer. All coaches are asked to keep this consideration at the forefront of their coaching and teaching method.

***Coaches are responsible to ensure that their players and parents understand and comply with the following rules while using the BASES facility:***

- 1) **General Facility Rules: \_\_\_\_\_ (initial)**
  - a) no running, except as directed in designated practice area
  - b) close all fence gates after entering tunnels
  - c) no food, drinks, or chewing gum are allowed on the turf (inside the fence)
  - d) no metal cleats allowed on turf (metal cleats allowed on pitcher's mounds ONLY)
  - e) use of tobacco products (or e-cigarettes) inside the facility is not allowed (this includes smoking & chewing)
- 2) **Safety Rules: \_\_\_\_\_ (initial)**
  - a) all batters MUST wear approved batting helmets when hitting from machines
  - b) no climbing on fence or nets
  - c) when "red light" on Iron Mike machines (baseball) is ON, machines are live, NEVER walk in front of live machine
  - d) when AccuFire II machines (softball) are pitching, they will continue pitching until the full supply of softballs is pitched. NEVER walk in front of live machine.
  - e) please be aware of hitters in adjoining tunnels, especially when doing tee work into side nets.
- 3) **Clay Mound Rules: \_\_\_\_\_ (initial)**

*Maintenance of the clay mounds and controlling clay dust and residue is a significant task at BASES. We need everyone's full cooperation to reduce the migration of clay from the mounds to other areas of the facility (especially during high traffic times). Metal cleats ARE ALLOWED on clay mounds ONLY*

  - a) REMOVE metal cleats if you must exit from front of mound onto turf field
  - b) when exiting mounds from rear gate, wipe cleats on wire brush, remove dirty cleats in "Bullpen" area (benches behind pitching mounds)
  - c) ensure that players and/or coaches are not using clay surfaces for other than pitching
- 4) **Use of Office Areas, Lounge, Party Room, Meeting Room: \_\_\_\_\_ (initial)**
  - a) ensure younger family members are not running in the halls and using the office area and other rooms for group games such as "hide and seek" or "tag". These areas are not designed with safety features to reduce the likelihood of injury.
  - b) DO NOT allow anyone to throw any type of ball in any area outside of the cages (netted areas). The office areas are equipped with sprinkler heads that can easily be actuated if struck by a projectile causing the building to flood.
- 5) **Schedule Adherence: \_\_\_\_\_ (initial)**

***Moving team's in and out of the cages in a timely manner during the peak winter period is very important to us. Our goal is to keep all scheduled reservations moving on-time throughout each day. Please help us in achieving this goal and be mindful of the other teams using the facility (before, during, and after your teams' scheduled session).***

  - a) teams are expected to enter the cage area no sooner than their scheduled time unless specifically allowed, on a case by case basis, by BASES management
  - b) the OFFICIAL cage time clock is the one on the wall behind the Pro Shop counter. We will try to keep the clocks on the walls behind cages 3 and 6 synchronized with that clock (within one minutes)
  - c) please have your teams start their "wrap up" activities at least 5 minutes prior to the end of your session so as not to encroach on the next team's paid reservation
  - d) please move all announcements, pep talks, or other such team meetings to the lounge, party room, or meeting room at the end of your team's practice

By my signature below, I attest that I have read and understand the expectations described herein and I will ensure that my team conducts themselves in the expected manner.

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_